

## COMMUNITY SPOTLIGHT

# CHP PARTICIPANT COMMUNITY DIGNITY HEALTH FOUNDATION

Marian Regional Medical Center, Santa Maria, CA



“More women suffer from postpartum depression (PPD) than from breast cancer. Let’s make PPD as much of the public conversation as breast cancer has become.”

## COMMUNITY OVERVIEW

The Dignity Health Foundation aims to improve screening and treatment for postpartum depression (PPD) by engaging pediatricians, obstetricians, mothers’ primary care providers, and other key stakeholders in health care to address the link between maternal and child health. Fostering collaboration between Marian Regional Medical Center and community partners serving the Santa Maria Valley in southern California, they aim to reduce stigma and increase screening and treatment for postpartum depression. With support from the Community Health Peer Learning (CHP) Program, the Dignity Health Foundation will develop a postpartum depression toolkit, including a directory for web-based resources, and processes for data sharing, as well as training materials for community health workers - all of which can be shared with other health systems.

## PROJECT APPROACH

To identify new mothers at risk for PPD and refer them to culturally appropriate services, the Dignity Health Foundation will:

- Cast a wide net for additional community stakeholders;
- Leverage the Promotores Network to engage, educate, and screen underserved new mothers and gather health data electronically;
- Share and analyze the results of the PPD screenings and other electronic health information;
- Create a web-based resource directory for providers to refer at-risk new mothers; and
- Engage Dignity Health providers in education about PPD.

## ANTICIPATED IMPACT

More than 60,000 babies are delivered at Dignity Health hospitals each year, and many of those are born to women whose social and economic status makes them particularly vulnerable to PPD. This project seeks to create a national model of excellence for promoting maternal and infant well-being.

## PROJECT SNAPSHOT

Site Type	Hospital (County, Public, Critical Access)
Project Focus	Mental Health
Health Objective	Improve screening and treatment of postpartum depression
Anticipated Products	Postpartum depression toolkit and web-based resource directory
Sectors	<b>Lead:</b> Clinical Health Care <b>Partners:</b> Education / Schools, Public Health <b>Data contribution:</b> Clinical Health Care, Public Health, Mental / Behavioral Health Care, Information Management Infrastructure <b>Other stakeholders:</b> Mental / Behavioral Health Care, Other Community-based
Data Types	Personally Generated Health; Service (EHRs, case management)
Target Population	Mothers
Impact Level	Individual / Family

# PROJECT TIMELINE

MONTHS 1-6	MONTHS 7-12	MONTHS 13-17
<ul style="list-style-type: none"> <li>Complete design of web-based resource mapping PPD services</li> </ul>	<ul style="list-style-type: none"> <li>Create first draft of Community Action Plan with measurable outcomes</li> <li>Choose common PPD screening tool</li> <li>Outline policies and procedures for sharing health IT information among partners</li> <li>Establish culturally competent Spanish and Mixteco versions of PPD screening tool and training curriculum</li> <li>Begin training Promotores</li> </ul>	<ul style="list-style-type: none"> <li>Launch web-based resource detailing PPD services</li> <li>Initiate data sharing</li> <li>Conduct training and outreach</li> <li>Complete data analysis</li> </ul>

## LEAD AGENCY

- Marian Regional Medical Center** (<http://www.dignityhealth.org/arianregional/>) is an acute care hospital in the Dignity Health system situated on the Central Coast of California. Marian's maternal services include labor and delivery, postpartum care, and a high risk antepartum unit operated by a medical staff that includes neonatologists, obstetricians, pediatricians and perinatologists. Marian's births exceed 3,000 annually, more than any hospital in Santa Barbara County and adjacent San Luis Obispo Counties.

- Santa Barbara County Division of Adult Mental Health Services:** The Department of Behavioral Wellness serves persons with mental health and/or alcohol and substance use conditions, and other individuals experiencing mental health crises. Services are provided through community-based alcohol, drug, and mental health providers, as well as individual practitioners who offer additional services countywide.
- Santa Barbara County Maternal, Child, Adolescent Health Department (MCAH):** MCAH is part of the Department of Health Services, currently housed in the California Department of Public Health. Services include maternal, child, and adolescent health strategic planning, public health field nursing home visitation and case management, sudden infant death syndrome (SIDS) program home visits, and the child death review team.
- County Education Office Child Development Health Linkages Program:** Through the Health Linkages Program, which has a mission to improve health outcomes for children by increasing access to preventative health and social services, Dignity Health was connected to the Santa Barbara County Promotores Network. Promotores Network members understand and respect the traditional beliefs of the Latino community and can help agencies integrate these cultural beliefs in their programs and services.

## PARTNERS/COLLABORATORS

- Dignity Health Foundation:** A not-for-profit organization that focuses on youth and underserved communities, the Foundation is committed to the ideal that health care is a right for all people. Their mission is to continually seek support for high-quality, affordable, and compassionate health care services that meet each person's physical, mental, and emotional needs.

## MEET THE PROJECT TEAM!



**Jessa Brooks**

VP of Philanthropy, Marian Regional Medical Center  
Contact: [Jessa.Brooks@DignityHealth.org](mailto:Jessa.Brooks@DignityHealth.org)

**Ask her about:**

- The Marian Regional Medical Center Foundation's funding support of maternal child health services



**Candice Monge, R.N., M.S.N., P.H.N.**

Chief Nurse Executive  
CHP Role: Oversee all inpatient prenatal, labor and delivery, and postpartum services  
Contact: [Candice.Monge@DignityHealth.org](mailto:Candice.Monge@DignityHealth.org)

**Ask her about:**

- Her role in leading the patient care services team as Marian's chief nursing executive



**Kathy Penzes, D.N.P., R.N.C., N.E.A.-B.C.**

Senior Director, Maternal Child Health  
Contact: [Kathleen.Penzes@DignityHealth.org](mailto:Kathleen.Penzes@DignityHealth.org)

**Ask her about:**

- Her nursing leadership experience with implementing a postpartum depression program at her previous employer



**Nancy Bussani**

VP of Philanthropy, Dignity Health Foundation  
Contact: [Nancy.Bussani@DignityHealth.org](mailto:Nancy.Bussani@DignityHealth.org)

**Ask her about:**

- Her dedicated efforts to enhance maternal child services across the Dignity Health System



**Elaine Yin, M.D., M.P.H.**

Department Chair, Perinatal Medicine  
CHP Role: Provide medical oversight  
Contact: [Elaine.Yin@DignityHealth.org](mailto:Elaine.Yin@DignityHealth.org)

**Ask her about:**

- Her vast experience with screening patients for postpartum depression



**Barbara Sheehy, M.S.**

Maternal Mental Health Project Manager  
Contact: [Barbara.Sheehy@DignityHealth.org](mailto:Barbara.Sheehy@DignityHealth.org)

**Ask her about:**

- Integrating learnings from Dignity Health pilot projects to inform a system-wide approach to addressing postpartum depression across 29 hospitals.